

La Ruelle

Lunch Menu

12pm – 2.30pm

SANDWICHES/WRAP

1.3.7 Ham & Cheese €7.50

1.3.7 Chicken & Cheese €7.70

1.7.10 Piri-Piri Spiced Chicken Caesar Wrap
€8.50

*Chopped Romain Leaves, Diced Bacon,
Tomato, Shredded Chicken, Parmesan,
Caesar Dressing*

Add a bowl of soup €3

Add Fries €3

Open Smoked Salmon Sandwich €12.50

*2.4.7 Toasted Brown Bread, Avocado,
Cream Cheese, Watercress Leaves, Red Onions*

7 Homemade Soup of the Day €5.50

Served with Brown Bread

CLASSIC TOASTY

1.7 Ham & Cheese €8.50

1.7 Chicken & Cheese €8.70

Grilled Chicken & Cheese Pesto Ciabatta

(1.5.7.8.9.10) €9.50

Add a bowl of Soup €3

Add Fries €3

7 Tomato & Mozzarella Salad €8.00

3.8 Super Bowl Salad €12.00

*Italian Mixed Leaves, Boiled Egg,
Roast Peppers, Avocado, Beetroot,
Courgette, Cherry Tomatoes,
Olives, Pesto Dressing.
(Pine Kernel)*

Add Chicken €3

2.4.14 Add Salmon €4

MAIN COURSES

7 Braised Beef €15.50

Slow cooked Irish Beef in Guinness

Chicken Vol Au Vent €13.50

Potato Mash, Garden Vegetables

Creamy White Wine Sauce

6.7.9.10.11.12

Seafood Risotto €14.50

Leeks, Carrots, Mushrooms, Peas,

Red Thai Coconut Rice

2.4.6.7.9.10.11.12

Battered Cod & Chips €13.50

Aioli Sauce

1.2.3.4.7.14

DESSERTS

3.7.12 Crème Brulée €6.50

1.3.7.12 Bread & Butter Pudding €6.50

1.3.6.7.8 Pecan Chocolate Brownie €6.50

7 Selection of Ice Cream €6.50

HOT BEVERAGES

Espresso €3.00

Double Esp €4.40

Americano €3.20

Herbal Tea €3.50

Cappuccino €3.50

Flat White €3.50

Latté €3.50

Tea €3.20

Our Suppliers

Meat & Poultry, Musgrave, Sysco, Dublin

Fruits & Vegetables, Vernon, Dublin

Cheeses & Cured Meats, Sheridans, Dublin

Fish & Crustacean, Beshoff of Howth, Dublin

All our Meat & Poultry are sourced in Ireland.

Supporting Local Business

Please inform us if you are subject to any allergies prior ordering.

Please note that most allergens listed below are used in our kitchen.

Although extra care is always taken during food preparation and production; we are unable to guarantee prior delivery that any of the produces used in our kitchen are completely allergens free. All our Meat and Poultry are from Irish origin whenever possible and traceable from farm to fork. Allergen Information Booklet is available, please ask.

(Gluten 1) (Crustacean 2) (Egg 3) (Fish 4) (Peanut 5) (Soybean 6) (Dairy 7) (Nuts 8) (Celery 9) (Mustard 10) (Sesame 11)
(Sulphur dioxide/Sulphite 12) (Lupin 13) (Molluscs 14)